

Just Good Friends

September 2025 Newsletter

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www.justgoodfriends.org.uk - www.facebook.com/justgoodfriendsNW/

Editor: Celia Burgess

REGULAR WEEKLY MEETINGS

MONDAYS	1pm - 3.30pm	'DRAMA FOR A CAUSE' - Great Drama Class at the Links Pub, Heeley Rd, St Annes. Please call Bev to find out more (number below).
MONDAYS	1pm - 4pm	'PLAY AND CONNECT' - Chat, Games, Dominoes, Cribbage at the Links Pub
TUESDAYS	1pm - 4pm	'PARTY WITH PURPOSE' - Entertainment, Dancing, Food, fun and laughter at the Victoria Pub, Church Road, St Annes with Johnny Roxx and other entertainers.
WEDNESDAYS	10am - 12noon	'WEDNESDAY WARMTH' at St Annes Palace, 18, Garden Street, St Annes. Tea/coffee and chat.
THURSDAYS EVENINGS	6.30pm	'CURRY AND COMPANY' - Friends get-together Various locations. Call Bev on number below
FRIDAYS	10am	'YOUR PACE OR MINE' - Fitness walk round Fairhaven Lake then meet up for coffee in the café.
FRIDAYS	1pm	'CUE CONNECTIONS' - Snooker Club at the Victoria Pub, Church Rd, St Annes
FRIDAYS	1pm	'FUN IN THE SUN' - St Annes Square. Enjoy chatting and laughing with friends. Call Bev on number below
SATURDAYS	2pm - 4pm	'FUN AND FELLOWSHIP' - at the Well Community Hub, St Albans Rd, St Annes. Tea and chat with speakers and activities: Quiz - Bingo - Music
SUNDAY LUNCHES	12.30pm	'GATHER & DINE' - at the Clifton Park Hotel. Contact Sheila to book 01253 374009 or 07486 466855 or Contact Beryl for various locations 07530 588037.

Plus Events at St Annes Tennis Club and St Annes Palace – Nights out – Days out – Coach trips – Quiz nights
For more information please call Bev on 07557 734233

Saturday at the Well Community Centre 2pm - 4pm SEPTEMBER

6th	Jon's Name The Place Quiz and Raffle
13th	Beat The Rooster - a quick fire word game
20th	Theme words - Fruits and Vegetables
27th	Bingo

MONDAYS AT THE LINKS

1pm - 4pm - Plenty of options

1pm - 3.30pm DRAMA FOR A CAUSE - Drama Class
 1pm - 4pm PLAY AND CONNECT (Chat, Games, Dominoes, Cribbage)

TUESDAYS AT THE VIC 1pm-4pm

SEPTEMBER Programme:
 Singers:

2nd - Marianne
9th - Johnny Roxx
16th - DJ Guy Griffiths
23rd - Johnny Roxx
30th - Paul Allen

FRIDAYS AT THE VIC

1pm - no specified end time

Our Private Members' Club Snooker & Pool with Darts.

We'd love to see more people joining us and don't forget, you can also bring friends and family along with you.



Thanks so much to Kirsty for handing over a cheque for £300 donated by Kirsty's team. Beaverbrooks are amazing and we are so grateful for their support!

Christmas No. 1 Single Party at The Vic



Beryl Dale, Johnny Roxx, Alison Rigg, Pauline Gill, Debbie Harrison



Fabulous afternoon at the Vic Pub dressed in our Christmas gear for the video to be submitted once again for the JGF Charity No. 1 single for 2025. Great afternoon including a great buffet.



Charles Bayliss



Marie Wild



Marjorie Ward & John Ashby



Just Good Friends
Combating Loneliness and Isolation

**JGF 13th Year
Anniversary Celebration**

Phoenix Big Band Swing Band

Dance the night away with
our fabulous local Phoenix
Big Band, Swing Band.
Plus singing with the band
the sensational ANNE NOLAN

**Wednesday 17th
September 6.30pm £30
Plus Lasagne - Raffle**

**THE GLENDOWER HOTEL
NORTH PROM, ST ANNES**

For more details call Bev on 07557 734233

Please let Bev know as soon as you can if you would like to attend our 13th Anniversary Celebration. This is a fabulous achievement and we are proud to still be enjoying the company of so many friends at our meetings. Come and celebrate with us.



We were very lucky that Trinity's Admiral Nurse and her amazing helper popped in to see us one Wednesday to chat to some of our carers. Thank you so much for visiting us.



Eats with Elvis

Our Eats with Elvis afternoon at the Well Community Centre on 16th August was a great hit.

Everyone was enthralled watching 30 videos of Elvis performing some of his most popular songs whilst we

enjoyed eating a delicious buffet.

Three young visitors, the grandchildren of Steve and Jean Mason, acted as waiters and waitress much to the delight of members.

Thanks to Steve for arranging the afternoon.



We were delighted to receive this lovely poem from our member Ken Tyldesley .

JUST GOOD FRIENDS - NORTH WEST

To me you are the Best.

Pure friendship I did seek

You give it week on week.

I have more friends - its true

The praise I give to you.

I wish I could repay

All the love you send my way.

For now just please accept

All my love and deep respect.

Ken x

What lovely words and sent from the heart. Thanks Ken from us all at Just Good Friends.

We have many talented people at Just Good Friends which includes writing poetry so if you have anything you would like to share with us please hand them to Bev.

We look forward to reading them.

JGF DINING OUT

Wednesdays

Bev books a table at various venues for us on a Wednesday after our meeting at St Annes Palace.

Please let her know if you would like to join us. **Her number is 07557 734233.**

Thursdays CURRY NIGHT

Curry Night at the Water's Edge on Heyhouses Lane is a great evening out - come and join us every Thursday 6.30pm.

Please call Bev if you would like to attend.

Sunday lunch - 12.30pm

We meet at the Clifton Park on Clifton Drive South and other venues.

To meet at Clifton Park call **Sheila on 07486 466855** and for details and to book The Links or any other venue call **Beryl Dale on 07530 588037.**



SEPTEMBER Birthdays

3	Martin Bentley
3	Isla Jebson
3	Gregory Rutter
5	Valerie Rochford
7	Glennis Rutter
12	Donald Norman
19	Joanne Campbell
23	Doug Atkinson
23	Kenneth Tyldesley
26	Linda Bradburn
26	Bernard Worsfold
27	Janet Albion

Happy birthday to all with SEPTEMBER birthdays & congratulations to those with extra 'special' birthdays.

WHAT IS A FUNDRAISER?

It is an event to give our members and friends a great time and to raise money to keep JGF going, but to achieve this, it takes planning and a lot of work behind the scenes.

1. Pick a date, book a venue and decide upon the theme. Order ingredients for the food.
2. Arrange the entertainment and sell the tickets.
3. On the day dress the room, balloons etc, arrange the tables and chairs suitably (thanks to the wonderful volunteers who arrive early to help with this), serviettes to fold, cutlery to lay.
4. Put the raffle prizes on display (please donate if you can), arrange for someone to sell the tickets.
5. Julie who creates the lovely food and does wonders. Everything to be freshly made, things to go into the oven etc (in a tiny kitchen) and things to be cut up etc. Desserts to prepare.
6. Joanne and Laura help on the day by greeting people at the door and selling raffle tickets.

7. You then walk into a lovely prepared room with members and guests being assisted if necessary with anything they need.
8. Fancy dress is optional but its great if you can.
9. Day finished, pots washed and everything put in order until the next time.

This still doesn't fully explain the time and work that is done. So the next time a flyer comes round, usually for about £15, please remember that the venue is usually "naked" when the team arrive. It is all their own work, no buffet or hot food for the day supplied by the venue, except when we are in the Vic Pub.

£15 for food and entertainment, excellent value and most of all its a fundraiser.

For our next fundraiser which is the 60s Party theme, we will be there at 9am and guests arrive at 1pm.

Please always support your charity - there's so much love in Just Good Friends.

A lovely member wrote this for us, Bev x



The word September comes from the Latin word meaning "seventh month" yet September is our ninth month! Why?

In the ancient Roman calendar, a year had just ten months so September was in fact, the seventh month. Later, the calendar was changed when January and February were added pushing September to the ninth month and so it kept its name. That's why the ninth month of the year is named for the seventh month!

Subscriptions

Please note that our next financial year commences on 1st November 2025 (a month later for subscriptions than previous years).

Bank details etc remain the same but the full details for subscriptions will be in the October Newsletter.

