



Just Good Friends

September 2026 Newsletter

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REGULAR WEEKLY MEETINGS

MONDAY	1pm -3.30pm	'DRAMA FOR A CAUSE' - Great Drama Class at the Links Pub, Heeley Rd, St Annes. Call Bev (number below) if you are interested in joining the Drama Group.
MONDAY	1pm - 4pm	'PLAY AND CONNECT' - Chat, Games, Dominoes, Cribbage at the Links Pub
TUESDAY	1pm - 4pm	'PARTY WITH PURPOSE' - Entertainment, Dancing, Food, fun and laughter at the Victoria Pub, Church Road, St Annes with Johnny Roxx and other entertainers.
WEDNESDAY	10am - 12noon	'WEDNESDAY WARMTH' at St Annes Palace, 18, Garden Street, St Annes. Tea/ coffee and chat.
THURSDAY	6.30pm	'TEA TIME FOOD' . A friendly early evening get-together at various locations.
FRIDAY	10am	'YOUR PACE OR MINE' - Fitness walk round Fairhaven Lake then meet up for coffee in the café.
FRIDAY	1pm - 4pm	'CUE CONNECTIONS' - The JGF Snooker Club now meet at the Mayfield Sports Bar on Mayfield Road, St Annes. See below.
SATURDAY	11.30am	'COFFEE AND CHAT' - please contact Bev for venue.
SATURDAY	2pm - 4pm	'FUN AND FRIENDSHIP' - at the Well Community Hub, St Albans Rd, St Annes. Tea/ coffee and chat with Games, Quizzes, Bingo and Music.
SUNDAY	12.30pm	'GATHER & DINE' - LUNCH at the Clifton Park Hotel and we are back at the St Ives Hotel. Both venues are popular - book ASAP. Contact Sheila to book Clifton Park on 07486 466855 and Beryl for the St Ives on 07530 588037.

Plus Events at St Annes Tennis Club and St Annes Palace – Nights out – Days out – Coach trips – Quiz nights. For more information please call Bev on 07557 734233

Saturdays at the Well Community Centre 2pm - 4pm - SEPTEMBER

5th	Steve's Less Points Quiz and a Raffle
12th	Beat the Rooster Game
19th	Beetle Drive
26th	Bingo

SATURDAY MORNINGS 11.30am

Come and join us for
COFFEE AND A CHAT
 Call Bev for the selected venue

MONDAYS AT THE LINKS

1pm - 3.30pm

DRAMA FOR A CAUSE - Drama Class

1pm - 4pm PLAY & CONNECT

FRIDAYS 1pm - 4pm



JGF Snooker Club at THE MAYFIELD SPORTS BAR

We'd love to see more people joining us and you're also very welcome if you just want to come and watch.



Lovely quote from a member.

TUESDAYS AT THE VIC 1pm - 4pm

SEPTEMBER PROGRAMME Singers:

1st	- Marianne Ryan
8th	- Johnny Roxx
15th	- DJ Guy
22nd	- Johnny Roxx
29th	- Paul Allen

AKS Recognised at Shine School Media Awards with Rising Star Win and Podcast

AKS has been recognised nationally for its innovative digital storytelling after receiving the **Rising Star Award** at this year's Shine School Media Awards. The school's *War Babies* podcast series was also celebrated with *Eddie's Story*, created by Year 8 students Ben and Sal, receiving a **Highly Commended** accolade in the prestigious Peter Day Award for Best Podcast category.

The awards marked a proud moment for the school, recognising both the quality of the project and the remarkable achievements of



This amazing display of pictures from our War Babies' stories is on show at AKS. Many thanks to Jane Ashworth, Head of Art at AKS.



its young creators. At just 12 and 13 years old, Ben and Sal were the youngest attendees at the event. Surrounded predominantly by sixth form and college students, they represented AKS with confidence, creativity and professionalism throughout the day.

The recognition comes during a landmark year for AKS, following the launch of PEAKS and a renewed commitment to placing digital skills, creativity and future-ready learning at the heart of the student experience. The success of the *War Babies* podcast series demonstrates the power of giving young people meaningful opportunities to develop professional skills while telling stories that matter.

Looking ahead, the awards provide an exciting glimpse of what the next generation of digital creators can achieve.

We extend our sincere thanks to Dr Jessop and Mr McIntyre for their vision, commitment and hard work in developing the project and bringing it to life.

AKS is also incredibly grateful to Just Good Friends and the War Babies who so generously shared their memories and experiences. Their time, trust and willingness to be interviewed made the project possible, preserving important local stories for future generations while providing students with an unforgettable learning experience.

Our Lady of the Month for the September Newsletter is Marlene Hogg



Marlene is one of our Volunteers who makes a huge difference to our members' lives. She meets, greets and welcomes new members and helps out every Wednesday at The Palace with Teas and Coffees.

And below is our man of the month

Karl Valentine - what an amazing man he is. Karl regularly helps us with our large and small



issues. Thank you so much Marlene and Karl - your kindness and help is much appreciated.



JGF do Paddle Tennis - terrific fun

L-R: Christine Ogunyemi, Bev Sykes, Marie Wyld, Evie Robinson, Tom Battle, Liz Battle and Paddle Instructor

(What is Paddle Tennis? It is a racquet sport adapted from tennis and played for over a century. Compared to tennis, the court is smaller, has no doubles lanes, and the net is lower and is played with a solid perforated paddle, as opposed to a strung racquet, and a lower compression tennis ball.)



Bookings are still being taken for the Just Good Friends 14th Year Anniversary evening at The Glendower Hotel on Friday 25th September. Come and join us and help us celebrate this special evening.

Fundraiser - Our Summer of 76 Party

Lovely event as we enjoyed dancing to hits of the 70s and of course the lovely buffet. Thanks to everyone who contributed to this lovely afternoon and the great raffle prizes helping us to raise an amazing £1,037.



Above: Liz Battle, Tony Battle, Anne Kidby



Anne Smith & Laurence Hathaway



Richard Alexander & Sue Shepherd - best winning costumes



Far left: Sally Rathbone, Cathy Barcock, Marian Atkinson, Tracy Gill, Ann Manser



Left: Big smile from Annie Rivet as she encourages people to buy raffle tickets!!



Far left: Laura Johnson-Walford, Beryl Dale, Stephen Salisbury



Left: Shirley Skinner and Debbie Harrison

JGF Dining out

Wednesdays

Joanne books a table at various venues for us on a Wednesday after our meeting at St Annes Palace.

Please let her know if you would like to join us.

Her number is 07557 734233.

Thursdays TEA TIME FOOD

Please ring to check which venue where we will meet. It is a great early evening gathering - come and join us every Thursday 6.30pm.

Please call Bev if you would like to attend.

Sunday lunch - 12.30pm

LUNCH at the Clifton Park Hotel on Clifton Drive South and the St Ives Hotel on the Promenade. Both venues are popular so book ASAP. Contact Sheila to book Clifton Park on 07486 466855 and Beryl for the St Ives on 07530 588037.



SEPTEMBER Birthdays

- 3 Isla Jebson
- 4 Gregory Rutter
- 7 Glennis Rutter
- 12 Donald Norman
- 12 Margaret Rogers
- 19 Joanne Campbell
- 19 Peter Hamer
- 20 Nicola Binns
- 21 Andrew West
- 23 Doug Atkinson
- 23 Kenneth Tyldesley
- 26 Linda Bradburn
- 26 Bernard Worsfold
- 27 Janet Albion

Happy birthday to you all
and congratulations to
those with extra 'special'



Fylde Council's Waste Minimisation Team

In August we were visited at the Palace by Gavin and Catherine who are from Fylde Council's Waste Minimisation Team to share information about the new Food Waste

Collections and answer any questions.

Fylde Council is rolling out a **weekly food waste recycling service** as part of the UK Government's Simpler Recycling legislation. The service aims to reduce landfill, cut methane emissions, and convert food waste into renewable energy through anaerobic digestion.

The Food Waste Collections in Fylde are to be rolled out over 4 phases, with the 1st phase beginning this autumn. Residents in the 1st phase will have received a hand delivered letter at the end of July 2026. They will then receive a small 5l kitchen caddy, a roll of caddy liners and a larger 23l outdoor caddy, around the end of September 2026. Inside the caddy will be an information leaflet and a card stating the date the food waste collections will be starting, which will hopefully be October 2026.

Any raw or cooked meat, fish/ meat bones, scrapings from your dinner plate, vegetable peelings, fruit cores/ skins, eggs shells, tea bags/ coffee grindings, any unwanted dairy/ breads/ pasta/ rice/ beans, and any mouldy or out of date food can be placed in the caddy and recycled. Simply put any food waste into the lined kitchen caddy and when the bag is full, tie it and place it into the outdoor caddy.

Every week on your usual collection day, present your food waste caddy along with your grey bin and the following week alongside your blue, brown and green bins, for emptying. If you require another roll of liners, simply tie one to the handle of your outdoor caddy and the operations team will leave you a new roll when they have emptied your caddy.

Further information and regular updates can be found on Fylde Council's website and you can also input your postcode to see when your address will be joining the scheme on the link below. [Food Waste Collections – Fylde Council](#). If you have any questions, please email recycle@fylde.gov.uk or telephone 01253 658658



Skipton Building Society is launching this year's Community Giving scheme and we are delighted that the St Annes branch (in St Annes Square) have invited Just Good Friends to take part.

Many of you will recall how this works: earlier this year, the branch's customers were asked to nominate three charities and anyone who visits this branch over a four-week period from **Monday 7th September 2026**

will have the opportunity to vote for their favourite charity from these options.

Voting will close on
Friday 2nd October 2026 at 4.30pm

The charity with the most votes will receive a cash donation of £1,000, followed by £600 for the runner up and a final £400 for the remaining good cause meaning that we will receive funding of at least £400 from Skipton's Community Giving scheme which we will receive by the end of November 2026.

In anticipation, we thank you so much for your support and ask that you make a note of these dates in your diaries.

