Just Good Friends

October 2026 Newsletter

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REGULAR WEEKLY MEETINGS

MONDAY	1pm -3.30pm	**'DRAMA FOR A CAUSE'** - Great Drama Class at the Links Pub, Heeley Rd, St Annes. Call Bev (number below) if you are interested in joining the Drama Group.
MONDAY	1pm - 4pm	**'PLAY AND CONNECT'** - Chat, Games, Dominoes, Cribbage at the Links Pub
TUESDAY	1pm - 4pm	**'PARTY WITH PURPOSE'** - Entertainment, Dancing, Food, fun and laughter at the Victoria Pub, Church Road, St Annes with Johnny Roxx and other entertainers.
WEDNESDAY	10am - 12noon	**'WEDNESDAY WARMTH'** at St Annes Palace, 18, Garden Street, St Annes. Tea/ coffee and chat.
THURSDAY	6.30pm	**'TEA TIME FOOD'.** A friendly early evening get-together at various locations.
FRIDAY	10am	**'YOUR PACE OR MINE'** - Fitness walk round Fairhaven Lake then meet up for coffee in the café.
FRIDAY	1pm - 4pm	**'CUE CONNECTIONS'** - The JGF Snooker Club now meet at the Mayfield Sports Bar on Mayfield Road, St Annes. See below.
SATURDAY	11.30am	**'COFFEE AND CHAT'** - please contact Bev for venue.
SATURDAY	2pm - 4pm	**'FUN AND FRIENDSHIP** - at the Well Community Hub, St Albans Rd, St Annes. Tea/ coffee and chat with Games, Quizzes, Bingo and Music.
SUNDAY	12.30pm	**'GATHER & DINE'** - **LUNCH** at the Clifton Park Hotel and we are back at the St Ives Hotel. Both venues are popular - book ASAP. Contact Sheila to book Clifton Park on 07486 466855 and Beryl for the St Ives on 07530 588037.

Plus Events at St Annes Tennis Club and St Annes Palace – Nights out – Days out – Coach trips – Quiz nights. For more information please call Bev on 07557 734233



Marlene Hogg with our Patron Anne Nolan enjoying our 14th Year Anniversary evening

Saturdays at the Well Community Centre 2pm - 4pm - OCTOBER

3rd	Steve's What's the Link Quiz & a Raffle
10th	Table Games
17th	Spin it Lucky
24th	Let's have a Riddle
31st	Bingo

SATURDAY MORNINGS

11.30am

Come and join us for

COFFEE AND A CHAT

Call Bev for the selected venue

MONDAYS AT THE LINKS

1pm - 3.30pm

DRAMA FOR A CAUSE - Drama Class

1pm - 4pm PLAY & CONNECT

FRIDAYS 1pm - 4pm



JGF Snooker Club at

THE MAYFIELD SPORTS BAR

We'd love to see more people joining us and you're also very welcome if you just want to come and watch.

TUESDAYS AT THE VIC

1pm - 4pm

OCTOBER PROGRAMME

Singers:

6th - Johnny Roxx
13th - Marianne Ryan
20th - Paul Allen
27th - Johnny Roxx

Message from Bev

As Just Good Friends celebrates its 14th anniversary, I am so grateful to you all.

What began with a simple hope to make sure no-one felt alone, it has grown into a community that has changed lives in ways I could never have imagined. Every smile, every conversation, every moment of courage, every friendship formed it has all been because of you.

Thank you for walking besides me through every step of this journey. Thank you for believing in what we were trying to build. Thank you for giving your time, your kindness, your laughter and your love so freely. You have created a place where people feel safe, valued, welcomed and able to be themselves again.

Over the 14 years, I have seen people find confidence, purpose, joy and hope, I have watched loneliness turn into belonging, and strangers become family. None of this happened by accident, it happened because of your hearts.

I am deeply grateful for our Trustees, Patrons, the team, three members who were with us at the very first meeting 14 years ago, every volunteer, every member, every supporter, every friend, every person who has and is helping us, quietly in the background.

You have helped build something truly special, something that brings light into people's lives and reminds them they matter.

Thank you for sharing this journey with me. Thank you for making Just Good Friends what it is today.

Here's to the past 14 years and to all the lives we will continue to touch together.

Bev xxx

A message from one of our Patrons who couldn't be with us today but wanted you to know how he feels about Just Good Friends.

Hi everyone

I am really sorry I can't be with you all today but please be assured of my full support for all the great work Bev and all of you do. In a world in which people are increasingly becoming isolated all of us need Just Good Friends to survive.

Governments, in my experience often know the shape of the forest but they actually have little idea what is going on under the trees in real communities and in real people's lives. The work you all do is crucial in the modern world. Keep going and have a great time.

Best Wishes

from

Lord Andrew Mawson (Andrew) OBE
Chairman of 360 Degree Society



Just Good Friends 14th Anniversary celebration at the Glendower on the 25th of September was amazing. It's hard to believe that another year has passed and we have now been in operation for 14 years. We are always especially delighted that many wonderful people who have been with us from the start are still with us (see below) as we have built up our huge group of lovely friends. The hotel provided an excellent venue with delicious food and we were entertained by the fantastic Phoenix Big Band along with our lovely Patron Anne Nolan who graciously joined them with a few songs.





Three ladies who were with us at the very first meeting 14 years ago. Julie Evans, Christine McCherry, Lynn Helliwell with Bev



Sheila Quinn, Charles Baylis, Pam & Chris Anderton



Geoff Hodgkinson & Linda Bradburn



Linda & David Beddows



Graham Warrington
Phoenix Big Band Leader



Alan James, Sheila Pritchard & Alan Poole



Gill Cohen, Ann Marie, Dave Mapletoft



Elaine Landini, Steph Whiteside, Vicky Martin



Anne Kidby, Sally & Ken Rathbone



Laurence Hathaway & Anne Nolan



Sheila Gardner & Colin Stringfellow



Simon Watson, Doreen Jamieson, Gill Cohen







Above: Shirley Skinner & Sue Hornby

Far Left: Helen & John Munn

Left: Alan Poole won this beautiful prize donated by the kindness of Beaverbrooks

JGF Dining out

Wednesdays

Joanne books a table at various venues for us on a Wednesday after our meeting at St Annes Palace.

Please let her know if you would like to join us.

Joanne's number is 07796 616912.

Thursdays TEA TIME FOOD

Please ring to check which venue where we will meet. It is a great early evening gathering - come and join us every Thursday 6.30pm.

Please call Bev if you would like to attend.

Sunday lunch - 12.30pm

LUNCH at the Clifton Park Hotel on Clifton Drive South and the St Ives Hotel on the Promenade. Both venues are popular so book ASAP. Contact Sheila to book Clifton Park on 07486 466855 and Beryl for the St Ives on 07530 588037.



OCTOBER Birthdays

1	Frank Ridehalgh
3	Marlene Hogg
3	Graham Thomas
4	Gail Castleton
4	Jean Richards
6	Lesley Porter
9	Diane Wareing
11	Brenda Bux
11	Laura Johnson-Walford
12	Edward Morris
14	Joy Hunter
15	Gillian Cohen
16	Brenda Lawler
17	Ann McGill
18	Rod Peabody
19	John Darby
21	Christine Ogunyemi
24	Beryl Dale
27	Holly Mayland
28	Noeleen Ellis
31	Laurence Hathaway

Happy birthday to you all and congratulations to those with extra 'special' birthdays.

Our Man of the Month for the October Newsletter is



JASON GRAHAM

For many years our friend Jason, (Neron Computers), has been our 'go-to' tech man providing computer services whenever we have problems with our laptops and computers or when we have needed upgrades etc. He has never let us down over the years and continues to provide a first class service.

If you need this kind of help, call him on 07910 002847.



Thank you so much to an anonymous donor and also to Sue Hornby for her generous donation of £1,400 representing our 14th year. Your kindness is so much appreciated.

Member subscriptions due 1st November 2026

Please do not make bank payments before 1st November

If you would like to renew and pay your annual membership (£25 per person or £40 per couple) straight into Just Good Friends' bank account, see details below:

Sort Code: 16-23-13 **Account No:** 10145809
Account Name: Just Good Friends (North West) Ltd

Please add your name as a reference



What's on at Just Good Friends

Regular Meetings detailed on cover page.

For other events please check at any of the venues for up to date information.

SKIPTON BUILDING SOCIETY Since 1853

Please don't forget to pop into Skipton Building Society office in St Annes Square (next door to Tesco) to cast your vote for Just Good Friends.

Voting closes at 4.30pm on Friday 2nd October.

Many thanks in advance.